

CENTRAL COUNCIL FOR RESEARCH IN YOGA & NATUROPATHY
Janakpuri, New Delhi

Scheme of Financial Assistance to set up Yoga Parks

LAST DATE: 15/10/2017

Preamble:

Yoga is a system of holistic living, having the roots in Indian tradition and culture. Evolved thousands of years back by the Rishis, Yoga techniques are being widely used for meeting the changing health care needs of mankind. Yoga has attracted global attention in recent years. The awareness about Yogic practices is increasing among people from different walks of life, not only for preservation and promotion of health, but also for the management of various diseases. Many Yoga experts and Medical Professionals have been advocating Yogic lifestyle intervention for the prevention and management of stress induced and other psychosomatic disorders.

The popularity of Yoga has grown beyond our country and the practice of Yoga can be seen in many of the foreign countries. Nevertheless, the Hon'ble Prime Minister has stressed the need of spreading Yoga at global level, keeping in view the fact that Yoga is well accepted and the utility of Yoga can be used in a better way.

Recently, the UN has declared 21st June as the International Day of Yogawith the support of around 177 countries. The Ministry of AYUSH is given the responsibilities to make all arrangements for celebration of the International Day of Yoga in a befitting manner.

Keeping this in view, the Central Council for Research in Yoga & Naturopathy organised one-month yoga training programme from 21st May to 20th June in the year 2015, 2016 and 2017 in all the districts of the country. The time-tested benefits of Yoga and being highly economical, it is felt that the Yoga facility should be made available to more and more people adhering to the classical knowledge, so that people trained in Yoga can derive maximum benefits.

To realise this objective it is proposed to set up Yoga parks across the country with the help of Govt. Organisations/ NGOs, so that the general public will get facility in their nearby localities to have the training on Yoga and to reap the benefits of Yoga in their daily life.

2. Aim & Objectives:

2.1 The aim of the scheme is to set up **Yoga Parks** across the country to conduct regular Yoga training programme for the general public and to manage the park as well as the Yoga activities throughout the year.

2.2 The specific objectives are:

- a. To create widespread awareness about Yoga among the general public.
- b. To create lasting infrastructure for Yoga training in every locality and to manage such facilities.
- c. To promote adoption of Yoga for physical, mental, and emotional health benefits.

3. Eligibility:

Govt. Organizations/ Autonomous organisations/ Universities/ NGOs involved in Yoga and Naturopathy or health related activities, fulfilling the following criteria are eligible to get the financial assistance under this scheme:

- a. The Organization shall be registered under Societies Registration Act, 1860 or State Registration Act or as a Trust under Indian Trust Act, 1882, prior to April, 2014. (This is not a mandatory requirement for Government bodies, local self-government bodies, Universities)
- b. The Organization should be involved in Yoga and Naturopathy/ Health related activities at least for last three years.
- c. The Organization should have minimum basic infrastructure facilities, number of technical and non-technical staff to conduct **Yoga Classes** and other related activities.
- d. The organisation should have a physical presence in the village, town or city where it proposes to set up Yoga Park.

4. Activities to be undertaken under the Scheme and Mode of Implementation:

The Organizations will conduct following activities, free of cost for the general public:-

- a) The Organisation shall identify a prominent public place and designate it as **YOGA PARK** with the consent of local Panchayat, Municipality etc. authorities and conduct Yoga activities.
- b) Set up the Yoga Park as per the specifications listed in **Annexure – I** and maintain the same.
- c) The announcement in this regard may be made through print and electronic media.
- d) Yoga classes shall be conducted preferably both in the morning and evening hours, each class of one-hour duration in the designated **YOGA PARK**. The efforts should be made to conduct minimum 2 batches of Yoga classes per day.
- e) The classes shall be held at least 6 months in a year.
- f) The Organisation may target to train minimum 100 people every month.
- g) The main content of the training programme should be the Common Yoga protocol (CYP) finalised by the Ministry of AYUSH. However, the organisation is free to add other authentic contents as deemed fit to the training programme.
- h) The NGO/ Voluntary organization may also undertake other promotional activities like: Free consultation to public, Distribution of IEC material, Sale of books on Yoga and Health etc.

- i) The list of participants/ beneficiaries & their details shall be maintained by grantee organization. A report of the Yoga Classes so conducted shall be prepared by them and forwarded to CCRYN every month.

5. Selection of NGOs:

5.1 The selection of NGOs to be extended financial assistance shall be done by a Committee under the Chairmanship of the Director, CCRYN. The members of the Committee would be:

S.No.	Composition	Position
(i)	One Technical Officer from CCRYN	Member
(ii)	Representative of Ministry of AYUSH not below the rank of Under Secretary	Member
(iii)	Two Yoga Experts to be nominated by the Chairman	Member

5.2 The leading Yoga organisations of the country will be given priority while selecting the NGOs under the scheme. Also, 5% of number of parks to be developed will be awarded to leading Yoga organisations on nomination basis.

5.3 The Committee will decide suitability of the organization for grant under this scheme and the selection made by the committee will be final.

6. Release of Grant

- a. The grant up to maximum of Rs.1.00 lakh/actual expenditure, whichever is less, will be released to the concerned organization in two instalments i.e. first instalment (**70%**) and 2nd instalment (**30%**) will be released on receipt of the documents related to the establishment of Yoga park and the activities are being run as per the scheme.
- b. It may be noted that grant-in-aid of Rs.1.00 lakh of the Council to a NGO shall be restricted to maximum of **05 Yoga Parks in each State.**
- c. The Organisation must submit the report of the programme along with the documents after completion of 6 months and thereafter remaining 30% grant-in-aid will be released to organization.

7. Jurisdiction

All disputes or differences between the CCRYN and the grantee Institutions/Organizations shall be decided by referring to arbitration in which the Joint Secretary concerned with Research Council in Ministry of AYUSH shall be the arbitrator, whose decision shall be final and binding.

Applications may be submitted directly on or before 15/10/2017 to :

The Director
Central Council for Research in Yoga and Naturopathy
61-65, Institutional Area, Opp D - Block, Pankha Road, Janakpuri, New Delhi-110058

YOGA PARK

Infrastructure

Space Required: Minimum 1000 sq. ft. area.

Essential items:

- Neat and serene park with green grass.
- Levelled ground of the park, suitable for Yoga practice
- Minimum 50 Yoga Mats
- Stage for demonstration of Yoga
- Sign board

Desirable items:

- Covered roof
- Drinking Water facility
- Loud speaker
- Facility for Yogic Kriyas
- Toilets
- Dress changing room

Man Power

- Yoga Instructor
- Attendant

Central Council for Research in Yoga and Naturopathy

61-65, Institutional Area, Janakpuri, New Delhi-110058

Tel: 011-28520430, 28520431, 28520432

Email: director-ccryn@nic.in

Website: www.ccryn.org

Application Form for Financial Assistance for setting up of Yoga Park

1. Name of the Organization(**In Block Letters**) :

.....

.....

2. Whether Govt. Organisation/Society/Trust

3. Registered Address of the Organisation (**In Block Letters**):

.....

.....Pin Code.....

4. (a) Address for Correspondence (**In Block Letters**):

.....

.....Pin Code.....

Telephone: Fax: E-mail (Mandatory):

(b) Name of Head of the Organisation.....

Address

.....

.....Pin Code.....

Mobile: Fax: E-mail:

5. Date of Establishment:

6. Registration No. and date (with Act, Status under which registered):

.....copy enclosed as **Annexure** _____

7. Financial status of the Organisation during the last three years:

	2014-15	2015-16	2016-17
Income	Rs.	Rs.	Rs.
Expenditure	Rs.	Rs.	Rs.

(Furnish copies of the Audited Accounts for the last three years). **Annexure** _____

8. The details of grant-in-aid received from any other source including Central/ State Government/Foreign Agencies during last three years.

S.No.	Name of the Funding Agency	Year	Amount received	Purpose	Status	Remarks

9. Whether the Institution is involved in any litigation? If yes, give details.

10. Aim and objectives of the Organisation.....

.....
.....

11. Submit a one-page summary of Organisation’s history, including dates of major events, details of the present activities and other important issues:

12. Details of the staff working(Technical and Non-Technical) available with the Organization:

S.No.	Name	Designation	Qualification	Experience	Permanent/ Temporary
1.					
2.					
3.					
4.					
5.					

13. Whether the organisation has organised any Yoga & Naturopathy Camps/ Seminars/ Workshops/ Conferences/ Awareness Programme during last three years.

.....
.....
.....

14. Name of District and particular location you would like to select to set up Yoga Park in order of preference.

.....
.....
.....

15. Unique ID number generated from the NGO Portal:

16. Any other relevant information:

.....
.....
.....

Date (Signature with seal of President/Chairperson of the Organisation)

Note:

1. The application duly filled with all the enclosures is required to be submitted to Director, CCRYN with a forwarding letter within the stipulated period. The incomplete applications and applications received after due date will be summarily rejected.
2. Furnish details as per sequence of serial nos. mentioned in the application.
3. Furnish details required as per general guidelines.
4. Mark page no. on all the pages enclosed with the application.
