

**Central Council for Research in Yoga & Naturopathy**  
Janakpuri, New Delhi

**SCHEME OF PROVIDING FINANCIAL ASSISTANCE FOR ESTABLISHING AND  
RUNNING NATUROPATHY & YOGA CLINICS/ HOSPITALS**

**Preamble:**

The systems of Yoga & Naturopathy are the good old Indian traditional systems of health care having the history of centuries. These systems are having their own principles, concepts and practices derived from the traditional literatures and are time tested. Both these systems are purely drugless in nature and having the potentiality in the health promotion as well as disease prevention and management of several modern day diseases. In spite of the advancement in the conventional health care delivery system, the number of psycho-somatic and non-communicable diseases is alarmingly increasing. Nevertheless, the side effects of various drugs and other modes of treatment are far reaching. To add to it, with the modern lifestyle, and the growing stress among the people worsened the health care scenario further. & Yoga & Naturopathy – primarily being focusing on the change in the lifestyle and to manage the stress effectively, the demand for these systems are increasing day by day.

However, the facilities for Yoga & Naturopathy treatment are not adequate to the extent of demand. There is a need to provide more facility for the people, who are really looking towards these disciplines for promotion of health and to have solace from the disease conditions. Government alone cannot make Naturopathy & Yoga to reach each and every one.

With this background, it is propose to have a scheme through which the Non-Government Organizations could be supported to achieve the desired goal.

**Title of the Scheme:**

Scheme of financial assistance for establishing and running YOGA & NATUROPATHY CLINICS/ HOSPITALS.

**Aim and objectives:**

The aim of the scheme is to assist the private sector to establish Naturopathy Clinics/ Hospitals and to strengthen the existing Yoga & Naturopathy Clinics/ Hospitals.

The specific objectives of the Scheme are as under:

1. To encourage the private sector to establish Yoga & Naturopathy Clinics/ Hospitals
2. To strengthen the existing Naturopathy & Yoga Centres/ Hospitals for better health care facility.
3. To encourage the NGOs to provide standardized treatment facilities to the public through Yoga & Naturopathy at nominal rates.
4. To make available the Yoga and Naturopathy health care to the maximum number of people
5. To make Yoga & Naturopathy treatment affordable to the common man.
6. To derive data on the efficacy of Yoga & Naturopathy in the prevention, management of diseases and promotion of health

### **Eligibility Conditions:**

#### ***A. For Establishing***

1. The applicant Organization/ Centre/ Hospital should be under the management of a Registered Trust or Society registered under the Societies Registration Act, 1860 or any relevant Act.
2. The Managing Trust/ Society should have been registered at least three years before the date of application.
3. The Trust/ Society should have a well defined Managing Committee.
4. The Trust/ Society must furnish a resolution of the Managing Committee of the concerned Trust/ Society that it has decided to apply for grant-in-aid from CCRYN.
5. The Trust/ Society should have its own land for establishing Clinic/ Hospital.
6. The Trust/ Society shall submit a copy of the documents related to the land and/or building.
7. The land and/or building must have all necessary clearances from the concerned authorities.

#### ***B. For Running***

1. The applicant Organization/ Centre/ Hospital should be under the management of a Registered Trust or Society registered under the Societies Registration Act, 1860 or any relevant Act.
2. The Managing Trust/ Society should have been registered at least three years before the date of application.
3. The Trust/ Society should have a well defined Managing Committee.
4. The Trust/ Society must furnish a resolution of the Managing Committee of the concerned Trust/ Society that it has decided to apply for grant-in-aid from CCRYN.

5. The Trust/ Society should be running the Hospital in its own land and building. The details of the minimum land and building available with the Trust/ Society should be as per the guidelines given by the Council.
6. The Trust/ Society shall submit a copy of the documents related to the land and building.
7. The land and building must have all necessary clearances from the concerned authorities.
8. The organization shall run a functional Hospital of Yoga & Naturopathy, having the following facilities :
  - (i) The Hospital should have the wards, treatment section with all the Naturopathy items and facilities, Naturopathy Diet Centre, Yoga hall, facility for shatkriya and other related facilities.
  - (ii) It should have separate male and female treatment sections, as per the minimum prescribed standards.
  - (iii) The hospital shall have not less than 10/20/30/50/100 beds capacity in its IPD. The average bed occupancy must be not below 60% in a year.
  - (iv) The hospital must have the treatment equipments as specified by the Council.
  - (v) It should have sufficient number of staff (technical, administrative and non-technical staff) to manage the indoor patients and patients attending outdoor department.

#### Selection procedure:

- a. The Trust/ Society will submit an application for the grant-in-aid to the Director, CCRYN in a prescribed proforma.
- b. After receiving the application the Council will scrutinize the application and if found otherwise eligible, the Council will arrange to inspect the Centre/ Hospital.
- c. Once the inspection is done, based on the Inspection Report, the proposal will be placed before the Standing Finance Committee (SFC) of the Council for its recommendations. The recommendations of the SFC will subsequently be submitted to the competent authority for approval.
- d. After, obtaining the approval of the competent authority, the first installment of grant-in-aid will be sanctioned.
- e. In case of establishment of a Hospital, the Council will get the **feasibility report** by deputing an Inspection Team.

### Continuation of the scheme:

- a. Once the proposal of a particular Centre/ Hospital is approved, the grant-in-aid will be commenced.
- b. Before sanctioning the grant-in-aid for the subsequent years, the Trust/ Society must furnish the work done report, Utilization Certificate (in a prescribed format), audited statement of accounts of the Trust/ Society for the previous year and a certificate from the NABH/ Inspection report of the Council for its satisfactory functioning and other related documents.
- c. Only after verifying the satisfactory functioning of the Centre/ Hospital, the subsequent year grant-in-aid will be released.
- d. The NABH Accreditation Certificate is mandatory for the continuation of grant from 2<sup>nd</sup> years onwards.

### Quantum of financial assistance (For Establishing):

S. No.	Particulars	OPD	10 bed	20 bed	30 bed	50 bed	100 bed
01	One time grant	05.00	10.00	20.00	30.00	50.00	80.00

*The above grant shall be utilized for renovating the Yoga Hall, Treatment section, Diet Centre (30%), and procurement of furniture and fixture (20%) and Treatment Items (50%).*

### Quantum of financial assistance (For running):

S. No.	Particulars	OPD	10 bed	20 bed	30 bed	50 bed	100 bed
01	Recurring	04.00	08.00	15.00	20.00	25.00	40.00
02	Non-recurring (one time grant)	01.00	02.00	03.00	04.00	05.00	08.00

*The non-recurring grant shall be utilized for renovating the Yoga Hall, Treatment section, Diet Centre (30%), and procurement of furniture and fixture (20%), and Treatment Items (50%).*

### General Guidelines:

1. The grant-in-aid will be for maximum a period of 5 years and by that time the Hospital should become self-sufficient to manage on its own.
2. The non-recurring grant will be one-time assistance and will be given in the 1<sup>st</sup> year of sanctioning of grant-in-aid.
3. The grant-in-aid will be released to the Trust/ Society in a phased manner.

4. The break-up of details of the amount of grant-in-aid is given at Annexure – B.
5. The Trust/ Society shall not transfer the amount from one head to other. If at all it is absolutely necessary, prior approval of the Council must be obtained.
6. The Hospital shall charge from the patients as per the prescribed rate fixed by the Council. The rates shall be displayed in the Hospital premises at prominent places.
7. The Hospital must display that the Hospital is getting grant-in-aid from the CCRYN, Ministry of AYUSH, Govt. of India.
8. The Trust/ Society should submit a bond/ undertaking that it is not involved in any disputes/ court cases.
9. If the Council receives any complaint about the non-functioning of the Centre/ Hospital or breach of guidelines of the scheme, further grant-in-aid will not be released. If the complaint founds true on enquiry, the Trust/ Society have to refund the grant-in-aid received from the Council with interest as per rule.

### Minimum staff-strength

S. No.	Particulars	10 bed	20 bed	30 bed	50 bed	100 bed	Remarks
01	Naturopathy & Yoga Physician	01	01	02*	03*	06*	
02	Yoga Therapists	01	01	01	02	02	
03	Naturopathy Therapists	02 (1M+1F)	04 (2M+2F)	06 (3M+3F)	08 (4M+4F)	12 (6M+6F)	
04	Cook	01	01	01	01	02	
05	Kitchen Servants	01	01	01	02	02	
06	MTS/ Ward Boy	02	04	06	10	16	
07	Administrative Staff	01	01	02	02	03	
	<b>Total</b>						

\* Out of the total no. of Physicians at least 1, 2 and 3 Physicians shall be qualified and registered in 30, 50 and 100 bedded Hospitals respectively.

In addition to the above, the Hospital must have sweepers and other workers for the smooth and effective management of the Hospital.

**Details of Quantum of financial assistance per annum  
to be provided by CCRYN**

(Rs. In lakhs)

S. No.	Particulars	OPD	10 bed	20 bed	30 bed	50 bed	100 bed
01	Subsidy towards remuneration	3.50	5.00	09.50	12.00	15.00	25.00
02	Subsidy towards Diet	NIL	2.00	04.00	06.00	07.50	12.00
03	Contingent expenditure	0.50	1.00	01.50	02.00	02.50	03.00
	<b>Total</b>	<b>4.00</b>	<b>8.00</b>	<b>15.00</b>	<b>20.00</b>	<b>25.00</b>	<b>40.00</b>

**Central Council for Research in Yoga & Naturopathy**  
Janakpuri, New Delhi

**DRAFT GUIDELINES FOR PROVIDING FINANCIAL ASSISTANCE FOR ESTABLISHING AND RUNNING  
NATUROPATHY & YOGA CLINICS/ HOSPITALS**

*For Establishing:*

S. No.	Particulars	OPD	10 bed	20 bed	30 bed	50 bed	100 bed
1	Registered Trust/ Society/ Govt. Organisation with 3 years standing	Yes	Yes	Yes	Yes	Yes	Yes
2	Should have a well defined Managing Committee.	Yes	Yes	Yes	Yes	Yes	Yes
3	Must furnish a resolution of the Managing Committee of the concerned Trust/ Society that it has decided to apply for grant-in-aid from CCRYN	Yes	Yes	Yes	Yes	Yes	Yes
4	Should have land in its name or leased land or in the name of Managing Trustee/ President of the Trust/ Society for establishing Clinic/ Hospital.	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
5	Shall submit a copy of the relevant documents related to the land and/or building.	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
6	Land and/or building must have all necessary clearances from the concerned authorities	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
7	Submit the detailed plan of the proposed Hospital	Not Mandatory	Yes	Yes	Yes	Yes	Yes
8	Feasibility Report	Not Mandatory	Yes	Yes	Yes	Yes	Yes
9	Undertaking that the Organisation has not applied/ availed grant-in-aid either from State Government or Central Government for similar purpose.	Yes	Yes	Yes	Yes	Yes	Yes

10	Execute a Bond that the Organisation will impart free treatment to people belong BPL category and senior citizens	NA	10% of total bed strength	10% of total bed strength	20% of total bed strength	20% of total bed strength	20% of total bed strength
11	Minimum required land *	Not mandatory	Not mandatory	Not mandatory	Mandatory	Mandatory	Mandatory
12	Minimum required space/ building	3000 sq.ft.	4000 sq.ft.	6000 sq.ft.	7500 sq.ft.	10000 sq.ft.	20000 sq.ft.
13	Minimum required staff **	Physician – 1 Yoga Therapist – 1 Naturopathy Therapist – 2 Receptionist – 1	Physician – 1 Yoga Therapist – 1 Naturopathy Therapist – 2 Receptionist – 1 Cook – 1	Physician – 2 Yoga Therapist – 1 Naturopathy Therapist – 4 Receptionist – 1 Cook – 1 Admin Staff – 1	Physician – 2 Yoga Therapist – 1 Naturopathy Therapist – 4 Receptionist – 1 Cook – 1 Admin Staff – 1	Physician – 4 Yoga Therapist – 2 Naturopathy Therapist – 6 Receptionist – 1 Cook – 2 Admin Staff – 2	Physician – 6 Yoga Therapist – 2 Naturopathy Therapist – 12 Receptionist – 2 Cook – 2 Admin Staff – 2
14	Maximum number of applications to be considered in a financial year	50	50	50	30	20	10
15	Grant-in-aid amount	05.00	10.00	20.00	30.00	50.00	80.00
16	Utilization of grant	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.	- Renovating the Yoga Hall, Treatment section, Diet Centre - 30% - Procurement of furniture and fixture - 20%, -Treatment Items - 50%.

\* Depending upon the place, the land requirement may be reduced, if otherwise found appropriate by the Inspection team

\*\* All the other essential staff in terms of Administrative staff, Ward Boys/ Attendants, Safai karmacharis are required for the effective and smooth functioning of the Hospital



**For Running:**

S. No.	Particulars	OPD	10 bed	20 bed	30 bed	50 bed	100 bed
1	Registered Trust/ Society/ Govt. Organisation with 3 years standing	Yes	Yes	Yes	Yes	Yes	Yes
2	Should have a well defined Managing Committee.	Yes	Yes	Yes	Yes	Yes	Yes
3	Must furnish a resolution of the Managing Committee of the concerned Trust/ Society that it has decided to apply for grant-in-aid from CCRYN	Yes	Yes	Yes	Yes	Yes	Yes
4	Should have land in its name or leased land or in the name of Managing Trustee/ President of the Trust/ Society for establishing Clinic/ Hospital.	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
5	Shall submit a copy of the relevant documents related to the land and/or building.	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
6	Land and/or building must have all necessary clearances from the concerned authorities	Not Mandatory	Not Mandatory	Not Mandatory	Yes	Yes	Yes
7	Submit the details of the running Hospital	Not Mandatory	Yes	Yes	Yes	Yes	Yes
8	Inspection Report	Yes	Yes	Yes	Yes	Yes	Yes
9	Undertaking that the Organization has not applied/ availed grant-in-aid either from State Government or Central Government for similar purpose.	Yes	Yes	Yes	Yes	Yes	Yes
10	Execute a Bond that the Organization will impart free treatment to 20% of the total bed strength	BPL	Yes	Yes	Yes	Yes	Yes
11	Minimum required land *	Not mandatory	Not mandatory	Not mandatory	Mandatory	Mandatory	Mandatory
12	Minimum required space/ building	3000 sq.ft.	4000 sq.ft.	6000 sq.ft.	7500 sq.ft.	10000 sq.ft.	20000 sq.ft.

13	Minimum required staff **	Physician – 1 Yoga Therapist – 1 Naturopathy Therapist – 2 Receptionist – 1	Physician – 1 Yoga Therapist – 1 Naturopathy Therapist – 2 Receptionist – 1 Cook – 1	Physician – 2 Yoga Therapist – 1 Naturopathy Therapist – 4 Receptionist – 1 Cook – 1 Admin Staff – 1	Physician – 2 Yoga Therapist – 1 Naturopathy Therapist – 4 Receptionist – 1 Cook – 1 Admin Staff – 1	Physician – 4 Yoga Therapist – 2 Naturopathy Therapist – 6 Receptionist – 1 Cook – 2 Admin Staff – 2	Physician – 6 Yoga Therapist – 2 Naturopathy Therapist – 12 Receptionist – 2 Cook – 2 Admin Staff – 2
14	No. of beds to be present for grant-in-aid	OPD	20 bed	30 bed	40 bed	70 bed	150 bed
15	Maximum number of applications to be considered in a financial year	50	50	50	30	20	10
16	NABH Accreditation Certificate from 2 <sup>nd</sup> year onwards	Not mandatory	Not mandatory	Mandatory	Mandatory	Mandatory	Mandatory
17	Grant-in-aid amount (Recurring)	04.00	08.00	15.00	20.00	25.00	40.00
18	Grant-in-aid amount Non-recurring (one time grant)	01.00	02.00	03.00	04.00	05.00	08.00
19	No. of years of grant-in-aid	5 years	5 years	5 years	5 years	5 years	5 years

\* Depending upon the place, the land requirement may be reduced, if otherwise found appropriate by the Inspection team

\*\* All the other essential staff in terms of Administrative staff, Ward Boys/ Attendants, Safai karmacharis are required for the effective and smooth functioning of the Hospital

# CENTRAL COUNCIL FOR RESEARCH IN YOGA & NATUROPATHY

61-65, Institutional Area, Janakpuri, New Delhi – 110 058

## PROFORMA FOR APPLYING GRANT-IN-AID UNDER THE SCHEME OF FINANCIAL ASSISTANCE TO ESTABLISH & RUN YOGA & NATUROPATHY CLINICS/ HOSPITALS

### APPLICATION FOR ESTABLISHING/ RUNNING CLINICS/ 10 BEDS/20 BEDS/ 30 BEDS/ 50 BEDS/ 100 BEDS INDOOR HOSPITAL

#### A. DETAILS OF THE INSTITUTE

1.	Name of the Institute	
2	Name of the Trust/ Society	
3	Full Postal address with PIN Code  Tel. No. with STD Code	
4	Year of establishment	
4.	Whether run by the Registered Trust/ Society/ or purely private (Enclose the copy of Bye-Laws, Memorandum of Association, list of present Office bearers/ Trustees and Registration Certificate)	
5.	Financial standing of the institute (enclose copy of the audited accounts and annual report for the last THREE years)	
6.	The past & present activities of the Institute	

#### B. DETAILS OF THE HOSPITAL:

1.	Land (Enclose a copy of the Land registration or lease deed)	
2.	Building (Enclose a copy of the Building plan)	
3.	Arrangements available for outdoor patients	

4.	Details of Treatment Sections	
5.	Yoga Hall, Kriya Section etc.	
6.	Arrangements available for Indoor patients with no. of beds.	Male Ward ..... Beds Female Ward ..... Beds Special ward ..... Beds Any other
7.	Available equipments in the treatment section	
8.	Laboratory Facility	
9.	Whether Kitchen/ Diet center is available	
10.	Library Facility	No. of Books: No. of Magazines:
11.	Patients treated during the last three years	Outdoor indoor 1. 2. 3.
12.	Camps OR other activities conducted during the last three years	Outdoor indoor 1. 2. 3.
	Other available facilities	

### C. MANPOWER DETAILS

S. No.	Name	Designation	Age	Experience (in years)	Recognized Qualifications	Joining date
1.						
2.						
3.						

4.						
5.						
6.						
7.						
8.						
9.						

**D. OTHER DETAILS**

1.	Immediate requirements of the Institute/ Hospital in terms of Manpower, equipment & other (give complete justification)	
2.	Are you conducting any Diploma/ Degree/ Certificate Courses? If <b>Yes</b> , give details:	
3.	Whether the centre is ready to abide by the guidelines of grant-in-aid of the Council?	
4.	Any other relevant information (About activities of Naturopathy & Yoga by the Institute)	

I hereby declare that the informations furnished in this application are true to the best of my knowledge & belief.

Date:

(Signature of Head of the Institute with seal)

**Enclosures to be produced:**

1. By-laws & Memorandum of Association
2. Registration Certificate (If it is Society)
3. Annual Report of the Institute as a whole
4. List of Technical, Non-Technical and Administrative staff
5. List of equipments available
6. Photos of the activities and/or the Hospital campus
7. Audited Statement of Accounts for the last Three years.